



girl scouts
of texas oklahoma plains

**Adult Learning Opportunities
Fort Worth Region**

Date	Day	Time	Location
Leadership Essentials/Journey			

Course Fee: \$5.00

Learn the meaning of the three keys of the Girl Scout Leadership Experience and how to use resources to support the GSLE, including the Journeys with accompanying Adult Guides and how to use the Girl Scout processes in all activities. Min/Max: 6/25

**This course is also available as a home/study kit. **

Sep. 21	Tuesday	8:30 – 11:30 a.m.	FW
Sep. 23	Thursday	6:30 – 9:30 p.m.	ASC
Sep. 27	Monday	6:30 – 9:30 p.m.	FW
Oct. 9	Saturday	8:30 – 11:30 a.m.	TBA
Oct. 20	Wednesday	8:30 -11:30 a.m.	FW
Oct. 28	Thursday	6:30 – 9:30 p.m.	FW
Nov. 9	Tuesday	9:00 a.m. – Noon	VarioSystems
Nov. 15	Monday	6:30 – 9:30 p.m.	ASC
Nov. 30	Tuesday	6:30 – 9:30 p.m.	FW
Jan. 25	Tuesday	6:30 – 9:30 p.m.	FW
Feb. 10	Thursday	8:30 – 11:30 a.m.	FW
Feb. 24	Thursday	6:30 – 9:30 p.m.	FW
Mar. 7	Monday	8:30 – 11:30 a.m.	VarioSystems
Mar. 24	Thursday	6:30 – 9:30 p.m.	FW
Apr. 19	Tuesday	6:30 – 9:30 p.m.	ASC
Apr. 21	Thursday	6:30 – 9:30 p.m.	Hillsboro Scout Hut
Apr. 25	Monday	6:30 – 9:30 p.m.	FW
Apr. 28	Thursday	8:30 – 11:30 a.m.	FW
May 23	Monday	6:30 – 9:30 p.m.	FW
May 26	Thursday	9:00 – Noon	FW

Standard First Aid and Adult/Child CPR

Course Fee: \$55.00

This course meets the requirement for Girl Scout First Aide Level 1 and earns the American Red Cross completion card. Bring: pencil, paper, and sack lunch for the all day class. Knee pads are optional. Min/Max: 6/15

Oct. 30	Saturday	9:00 a.m. – 4:30 p.m.	FW
Nov. 20	Saturday	9:00 a.m. – 4:30 p.m.	ASC
Jan. 29	Saturday	9:00 a.m. – 4:30 p.m.	FW
Feb. 23	Wednesday	9:00 a.m. – 4:30 p.m.	FW
May 7	Saturday	9:00 a.m. – 4:30 p.m.	ASC

Blended Learning

Course Fee: \$60.00

This class is an opportunity to complete First Aid & CPR without spending all day in the classroom. You will complete the knowledge portion online and attend a two hour class to complete the skills session. The class session is for registered adults that have completed the Blended learning online session. This course meets the requirement for Girl Scout First Aid level 1 and earns the American Red Cross completion card. Once registered for this class you will receive instructions needed to complete the course. The online session must be completed 5 business days before the skill session.

Min/Max: 6/15

Oct. 9	Saturday	8:00 – 11:30 a.m.	TBA
Nov. 8	Monday	6:00 – 9:30 p.m.	ASC
Dec. 3	Friday	8:00 – 11:30 a.m.	FW
Mar. 29	Tuesday	6:30 – 10:00 p.m.	FW

CPR Review

Course Fee: \$35.00—With Book Course Fee: \$51.00 W/O Book

This course is for registered adults who have taken American Red Cross Adult/Child CPR within the past two years and need to renew their annual certification. American Red Cross Certification must be less than 2 years old. Bring: pencil and paper. Min/Max: 6/20. *****\$16 fee will be assessed for any participant arriving without copy of CPR Book. *****

Oct. 19	Tuesday	6:30 – 9:30 p.m.	ASC
Dec. 9	Thursday	8:30 – 11:30 a.m.	FW
Feb. 28	Monday	6:30 – 9:30 p.m.	FW
Apr. 27	Wednesday	8:30 – 11:30 a.m.	FW

Outdoor 101

Course Fee: \$20.00

This course is the prerequisite for all outdoor classes. This class provides participants with the basic knowledge required to take girls camping at both council and non council facilities. Learn council policies, procedures, proper dress, and camp rules. Min/Max: 6/20

Oct. 9	Saturday	8:30 – 11:30 a.m.	TBA
Oct. 13	Wednesday	6:30 – 9:30 p.m.	FW
Oct. 18	Monday	6:30 – 9:30 p.m.	ASC
Nov. 30	Tuesday	6:30 – 9:30 p.m.	FW
Dec. 7	Tuesday	9:00 – Noon	FW
Feb. 3	Thursday	6:30 – 9:30 p.m.	ASC
Mar. 9	Wednesday	6:30 – 9:30 p.m.	FW

Cabin Camping

Course Fee: \$25.00

In this overnight class participants will learn fire building safety, menu & activity planning, proper care of equipment, knots and the basic concept of Leave No Trace. Bring: Trailguide, and Outdoor Education in Girl Scouting. Must have taken Outdoor 101 within the year.

Min/Max: 8/20.

Oct. 22 – 23	Friday – Saturday	7:00 – 3:30 p.m.	Stevens Ranch
Feb. 11 – 12	Friday – Saturday	7:00 – 3:30 p.m.	Stevens Ranch
Dec. 10 – 11	Friday – Saturday	7:00 – 3:30 p.m.	TBA

Archery

Course Fee: \$30.00

You will gain the basic skills of archery, learn how to set up and operate a safe short term program, teach girls, maintain equipment, and create fun games for your troop. Certification is good for 3 years. Level 1 Basic Instructor Course. Bring: sack lunch, snack, sun block, insect repellent, and lawn chair. Must attend both Intown and camp session. One time fee for both sessions. Min/Max: 8/12

Intown

Nov. 9	Tuesday	7:00 – 9:00 p.m.	FW
Mar. 1	Tuesday	7:00 – 9:00 p.m.	ASC
May 3	Tuesday	7:00 – 9:00 p.m.	FW

Camp Session

Nov. 13	Saturday	8:30 a.m. – 7:30 p.m.	Stevens Ranch
Mar. 5	Saturday	8:30 a.m. – 7:30 p.m.	Camp Timberlake
May 7	Saturday	8:30 a.m. – 7:30 p.m.	Stevens Ranch

Leave No Trace

Course Fee: \$ 30.00

Participants will learn the seven principles of Leave No Trace, to value the land and how to protect and preserve it. You will also learn to demonstrate and teach minimum impact techniques, and the history of Leave No Trace. Combination of indoor and outdoor. Bring tent, sleeping bag, hat, sun block, change of clothes, dunk bag with cup and Outdoor Education in Girl Scouting. Tents are for demonstration only. Participants will not sleep in tents. Min/Max: 6/16.

Sep. 25 – 26	Saturday – Sunday	9:00 a.m. – 1:00 p.m.	TBA
Feb. 19 – 20	Saturday – Sunday	9:00 a.m. – 1:00 p.m.	TBA
May 14 – 15	Saturday – Sunday	9:00 a.m. – 1:00 p.m.	Stevens

Tents

Course Fee: \$10.00

Learn how to put up, storm lash, take down, and choose tents. Also learn where to camp other than Council facilities. You will have the opportunity to experiment with various types of tents.

Oct. 9	Saturday	8:30 – 11:30 a.m.	TBA
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Tent Plus

Course Fee: \$20.00

In this overnight class you will put up and weather proof a tent plus receive additional camping skills and workshops. You will also learn how to identify suitable campsites, organize and submit paperwork needed for council approval. Bring: tent, Outdoor Education in Girl Scouting, sack dinner, drinks, sleeping bag, hat, bandana, insect repellent, flashlight, chair, change of clothes, sun block, and dunk bag. Min/Max: 8/20

Nov. 5 – 6	Friday – Saturday	7:00 p.m. – Noon	Stevens
Dec. 11 – 12	Saturday – Sunday	7:00 p.m. – Noon	TBA

Introduction to Canoeing

Course Fee: \$20.00

This course emphasizes entry-level paddling skills for individuals desiring an introduction to the sport of canoeing. Participants will learn to paddle a canoe on calm open water, what equipment is necessary to get started, water safety, how to select boats, paddles and lifejackets as well as basic paddling strokes, maneuvers, boat control, launching, landing and carrying boats.

This class is the prerequisite for Aquatic Explorer. Min/Max: 8/15

May 21	Saturday	9:00 a.m. – 5:00 p.m.	Camp Timberlake
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Beginning Backpacking

Course Fee: \$5.00

This beginner class will qualify you and your troop to camp in areas where there is drinkable water and little else. You will learn how to select a backpack, what equipment/supplies are needed, prepare appropriate meals, Leave No Trace principles, how to maintain personal hygiene, and much more. Must attend both Intown sessions. One time fee for all sessions. Must be able to carry a backpack and gear. Will need basic gear which includes backpack, sleeping bag, mat, and tent. List of all items needed will be available at Intown I. *Must have completed Cabin Camping & Tents.*

Min/Max: 6/12

Intown I

Nov. 11 Thursday 6:30 – 9:30 p.m. FW

Intown II

Nov. 22 Monday 6:30 – 9:30 p.m. FW

Backpacking Class

Dec. 3 – 5 Friday – Sunday 7:00 pm – 11:00 a.m. Stevens Ranch

Advanced Backpacking

Course Fee: \$20.00

In this advanced class participants will learn how to achieve pack weight limits, design an emergency preparedness, plan, display basic skills for wilderness first aid, improvise wilderness shelter, adopt all Leave No Trace Principles, combine map and compass to navigate off trail and read a topographical map. Participants will travel to a state park or other natural area and hike at least 5 miles a day. Must be able to carry a backpack and gear. Must attend Intown session and provide own gear. One time fee for all sessions. Fee may change depending on location. Will need basic gear which includes backpack, sleeping bag, mat, and tent. List of all items needed will be available at Intown session. Min/Max: 6/12

Intown

Mar. 15 Tuesday 6:30 – 9:30 p.m. FW

Backpacking Class

Mar. 25- 27 Friday – Sunday 7:00 – 2:00 p.m. TBA

Aquatic Explorer

Course Fee: \$25.00

An opportunity for volunteers who would like to supervise canoeing activities on calm water to check their knowledge and skills.

This course teaches basic water safety and rescue skills, test paddling and your ability to handle a canoe. You must complete a written test. Bring: water, sack lunch, drink, swimsuit, towel, sun block, hat, sunglasses with strap, old shoes that can get wet, dry clothes and knee pads.

June 4 Saturday 9:00 a.m. – 5:00 p.m. Timberlake

Locations

(FW) Fort Worth Office

(ASC) Arlington Service Center

VarioSystems

4901 Briarhaven Rd, Fort Worth, TX

401 West Sanford, Arlington, TX

901 S Kimball Ave, Southlake, TX